

Listening activity

In groups of three, take turns to be: **speaker**, **listener**, or **observer**.



Speaker

Talks about the issue or experience.

First 3-4 minutes



Listener

Focus on actively listening. You should summarise and paraphrase. **Avoid interrupting or giving advice.**

1 minute



Observer

Make a comment on the process - making observation of what happened between the speaker and listener.

1 minute

Allow 6 minutes for the process, then switch roles and repeat